

# ALDGATE PRIMARY - WEEK 4 TERM 2 SPORTS REPORT

## PREMIER'S BE ACTIVE CHALLENGE 2023

The Premiers Be Active Challenge is underway for 2023 with the majority of classes getting a start. Our objective in 2023 is for 100% completion, so we are again in the running for the \$1000 grant. Get to work everyone and get active!



Congratulations to **Orla Chhabra** for being the first student to complete the challenge in 2023!

Well done to Mr Wyatt's class for being the first class to complete the challenge and well done also to **Henry Dolan** for completing the challenge in the last fortnight!

## SPORTS INCENTIVE POINTS TALLY

Sports Incentive Points (SIPs) earned go towards our 2024 sports day and our annual Aldgate Allrounder award.

Freeman	Meares	Pearson	Thorpe
120	116	126	113

Congratulations to the following students for displaying positive attitudes to PE and achieving personal bests (PBs).

**Hoffmann** –Koa, Louis, **Somerville** –Harry S, Ewen, Guinevere, **Cottle** –Flossie, George P, Edgar, Jessica, Kai, Lucas, Matilda, Nate W, Rory, **Hyatt** –Evie W, Maddie Brown, Riley J, Rupert, Thomas, Alia, Arlo D-T, Herbert, Isabelle W, Jack D, Lucie A-P, Mabel H, Oli M, Scarlett Stevenson, Victor, **Dunaiski/Woods** –Darcy, Riley F, **Drago** – Alex W, Angie, George S, Hannah, Isabelle S, Nate M, Arlo T, Caleb B, Emil, Harriet B, Jordan, **Wyatt/Cale** – Bella G, Eloise D, Giselle, Oliver B, Holly, Nathaniel, Orla, Scarlet E, Zachary F, Zoe, **Huff** - Bella R, Chase, Eli A, Emma DH, Henry D, Mary, Molly C, Sienna M, Alex H, Cora, Emma G, Lachlan D, **Richards** –Aramis, Finn, Havannah, Isaac, Lily S, Aidan K, Angus, Eddie, Elvis, Owen T.

## ALDGATE ALL ROUNDER 2023 LEADERBOARD - WEEK 4, TERM 2

1. **27 points** Holly Faber
2. **26 Points** Zoe Hamilton
3. **23 points** Daisy Rolfs

## ALDGATE CROSS COUNTRY CUP

Last week, our school hit the slopes and contours for the inaugural Aldgate Cross Country Cup. What a great couple of days we had out in the outdoors with the kids, soaking up the sun on Monday then soaking up the drizzle on Tuesday. It was all about trying our best, individual improvement and being active. We definitely ticked all of those boxes!

The winning team of the inaugural Aldgate Cross Country Cup is....

**..... Meares**

Our final scores were -

Freeman	Meares	Pearson	Thorpe
482	520	467	434



Our top 3 place getters in each age category were:

2018	1 <sup>st</sup> Casey Williams	2 <sup>nd</sup> Aidan Crowe	3 <sup>rd</sup> Olive Hibberd & Kaleb Mooney
2017	1 <sup>st</sup> Charlotte Murray	2 <sup>nd</sup> Bowie Stevenson	3 <sup>rd</sup> Claire Jensen & Koa Atkins
2016	1 <sup>st</sup> Victor Higuera Bortone	2 <sup>nd</sup> Edgar Van der Linden	3 <sup>rd</sup> Kai Felice
2015	1 <sup>st</sup> Alex Wolosiuk	2 <sup>nd</sup> Oscar Quinn	3 <sup>rd</sup> Nate Warburton
2014	1 <sup>st</sup> Austin Roberts & Cooper Stevenson	2 <sup>nd</sup> William Gertig	3 <sup>rd</sup> Riley Fatchen
2013	1 <sup>st</sup> Emma de Haas	2 <sup>nd</sup> Sidney Richards	3 <sup>rd</sup> Henry Dolan
2012	1 <sup>st</sup> Finn Della-Torre	2 <sup>nd</sup> Zach Clark	3 <sup>rd</sup> Shannon Laheen
2011	1 <sup>st</sup> Lachlan Durand	2 <sup>nd</sup> Tristan Vallance	3 <sup>rd</sup> Angus Orchard

Going forward, our top 15 runners in each age category have been identified as runners to watch. Our school really encourages these students, along with our entire school, to keep running and to go for a long distance run at least once a week. With this as a goal, we'll only improve and become even more healthy as a whole school. Here are some reflections from our runners.

*On Wednesday our school did the Aldgate Cross Country Cup. The people that were born in 2015 had to run three laps and the people that were born in 2016 had to run two laps. I did three long distance laps that were 500 metres each. I felt puffed out and proud because I came in seventh place and I am seven years old. **Scarlett Stevenson, Yr 2***

*This year we were running for points in our sports day teams to win the Aldgate Cross Country Cup. The track is 500 metres long and this year I had to run 6 laps which is 3 kilometres. Different age groups had to do different distances. I was so excited for the race because cross country running is my favourite sport, I think I did really well. The hardest part was the concrete pathway next to the playground. I was huffing and puffing after the race. It was so much fun and I really like the sunny weather. I can't wait until next year already! **Shannon Laheen, Yr 5***

*Walking down to the oval, my hands were shaking because I'm so excited for a run. At the starting line with my class, the whistle blows. Running down the track, so excited and having so much fun. Going for my second lap, my lungs are puffing and my heart was pounding. Nothing could stop me. Wow, it went so quick on to my fourth lap and nearly to the finish line. I never thought I could run so fast. It was over. **Henry Mossop, Yr 4***

*I ran 1000 metres with some other year ones. We just jogged. I came third in the two laps. I did it with my friends. One lap was 500 metres. I ran two laps. **Thomas Carter, Yr 1***

*Today my whole class were marshals for the Mrs Cottle's class. We had to encourage the children to do their best and follow the track. I gave all the kids high fives and kept encouraging the students to do their best and to run at their own pace. I thought all of the kids did really well and they finished their races exhausted. **Avery McCormick, Yr 5***

*On the sixteenth, on a Tuesday in week three we did cross country. We did it at our school. Each lap was five hundred metres. I did six laps so I did three kilometres. We did it to identify our strong cross country runners, in readiness for next year. It was raining on the day so I got very wet. I loved it because I love running. At the end I was wet, hot, sweaty and sore. Everybody was cheering me on at the end. I think I did really well. We did it in different age groups **Nathaniel Lenon, Yr 4***

*Last week the whole of the Aldgate Primary school ran cross country. Cross country was the best bit of the day. At the end of my two laps, I ran an extra lap. I felt happy because I had a go and tried my best. **Oliver Miller, Yr 2***

## **HILLS & BARKER DISTRICT CROSS COUNTRY CARNIVAL 2023**

On Tuesday, a squad of 21 runners took to the Woodside Recreational Grounds for the 2023 district cross country carnival. They were up against students from the Hills and Barker district in the 10 (2km), 11 and 12 (3km) year old categories. We had another very successful carnival finishing second overall. Our 11 year old girls; Neve, Shannon and Lily, were recognised with a second place in the teams event (identifying schools with the highest ranked top three finishers) – a top achievement girls. We also have five of our runners being invited to the state cross country event coming up on Thursday June 8<sup>th</sup> at Oakbank. Congratulations to Emma de Haas (1<sup>st</sup> place), Sidney (6<sup>th</sup>), Neve Faber (2<sup>nd</sup>), Shannon (3<sup>rd</sup>) and Daisy (4<sup>th</sup>) for making the Hills district cross country team. All the best up at Oakbank Racecourse in a couple of weeks.

*All the kids going to cross country jumped on the bus and travelled to Woodside Recreation Grounds. When we arrived, we went for a walk around the track to see where we were running. The 12 year old girls started running at 11:00, then the 12 year old boys ran at 11:25. The 11 year old girls ran at 11:50 then the 11 year old boys ran at 12:15. The 10 year old girls ran at 12:40, then it was the 10 year old boys at 1:00. After everyone ran we went to the ceremony for presentations. We came 2<sup>nd</sup>, with SEPS winning by a whisker. **Holly Faber***

*It was really muddy and cold when we went to Woodside Recreation Grounds. I had to wait until 12:40 so I could run my two laps. I had to run 2 kilometres. I was really tired after the run and there were more than 20 schools there. **Scarlet Evans***

*"I felt great! I am a long distance runner. I find my rhythm and I stick to it. I breathe through my nose and out through my mouth."  
**Emma de Haas***



## HILLS DISTRICT GIRLS FOOTBALL

Last week, Meisha Summerill, Neve Faber, Daisy Rolfs and Estelle Underwood played for the Hills district football team at the State Football Championships down at West Beach. I had daily updates from coach, Mr Adam Curran, and he was so pleased with his team and their performance. He spoke very highly of our girls and how they contributed to making the team strong. Not only on a competitive front, winning 6 from 9, but also the unity. Congratulations girls and a special mention to Neve Faber for being announced as a co-captain of the side!



## HILLS DISTRICT NETBALL 2023

We have Emma G, Olivia, Daisy, Meisha and Neve heading off to the SAPSASA district netball carnival in week 8 for our Hills team. All the best for the girls at the carnival. Well done also to all of the other girls that trialed for the team for your resilience.

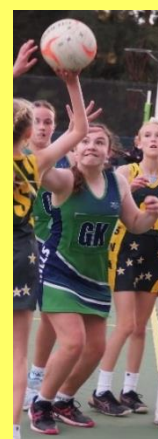
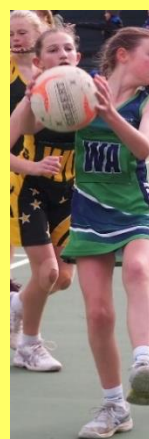
## COMMUNITY NEWS



The Brooks girls have been enjoying getting back on the water in the term 1 holidays. They have both mastered the kneeboard, with Lara also getting up first go on the skis! Brrrrr! Makes me chilly just looking at the photos with the current weather. Good work you two.



Have a look at these cool cats! Introducing you to the Aldgate Div 3 netball team for 2023, an all Aldgate side. Apparently the girls haven't tasted success yet but it sure shows that winning isn't what it's about.....they are loving it! So good Neave, Ruby, Flossie, Koa, Ava, Maddie, Alexis, Soph, Evie and Paige!



Emma, Oliva and Neve are playing in the under 11 Hills representative netball team this year. Over the weekend they won the Mid Hills Tournament, defeating Great Southern in the grand final. You go girls!

Please email any community sporting quests or physical challenges to [cameron.grigg552@schools.sa.edu.au](mailto:cameron.grigg552@schools.sa.edu.au) so we can share their achievements

# UPCOMING SCHOOL SPORT EVENTS

## Competition

Cross Country  
 Knockout Football  
 Knockout Netball  
 Cross Country  
 Knockout Football  
 Knockout Soccer

## Opponents

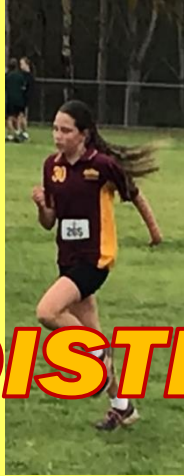
All Hills and Barker District Schools  
 Boys – Mt Barker South & Meadows  
 Girls – Crafers, Oakbank & Nairne  
 State Championships  
 Girls - St Francis de Sales & Unity  
 Boys – St Michaels, Mt B. South & Mt B Waldorf  
 Girls – Mt Barker South & Mt Barker Waldorf

## Venue

Woodside Rec Grounds  
 TBA in Mt Barker  
 Piccadilly  
 Oakbank Racecourse  
 Unity Murray Bridge  
 TBA in Mt Barker  
 Mt Barker Sth PS

## Date

Tuesday 23<sup>rd</sup> May  
 Thursday 1<sup>st</sup> June  
 Wednesday 7<sup>th</sup> June  
 Thursday 8<sup>th</sup> June  
 Wednesday 14<sup>th</sup> June  
 Monday 26<sup>th</sup> June TBC  
 Wednesday 28<sup>th</sup> June



# DISTRICT CROSS COUNTRY





# ALDGATE CROSS COUNTRY CUP 2023

